



FACILITATOR'S GUIDE



During our travels, let us remain vigilant!



OBJECTIVES

Main areas and target skills

DOMAIN	SKILL
Raise awareness of the various individual and collective travel options	Know the issues related to travel in the workplace
	Control the risks related to travel in the workplace
	Be a player in your own safety when traveling on the job
	Be a player in the safety of my colleagues during work-related travel

Target people

Any person/company employee.

Transfer level

Raise awareness on the different displacements whether they are individual or collective

GENERAL IMPLEMENTATION

Number of players

For the distractor game, we recommend a maximum of six people in addition to the facilitator.

Complexity level

The DISTR'ACTEUR game has an intermediate level of complexity.

Required type of animation

- ☐ None
- ☒ To ensure game mechanics only (need for a « game master »)
- ☐ Need to be facilitated by someone knowledgeable about the subject matter

Prerequisites for players

No prerequisites are required to play DISTR'ACTEUR.



GAME RULES AND FACILITATION TIPS

The animation of the game

1. Recommendations and game time

Place yourself in a quiet place, where you have a WIFI or 4G network.

We recommend that you play with a maximum of six people in addition to the facilitator.

Number of people	Estimated playing time	Estimated number of cards played
6 + 1 facilitator	1h30 (including explanations and installation)	105 cards in total, about 5 cards played per player

2. Preparation of the game

For you, the facilitator of the game, you will find the guide for the game to take place in the best conditions.

1. First of all, print the game cards on both sides (long edges) which are on the cards;
2. Cut out each card according to its shape;
3. Sort the cards by the mileage on the back of the card;
4. Shuffle the piles of cards;
5. Make sure you have the small equipment in the "extra equipment to bring" box.
6. Place the cards on the table face down;
7. Players stand in a circle;

The game can begin!

3. How the game is played

8. The team chooses the number of rounds to be completed;
 9. The player with the most seniority starts the game; he chooses the mileage he wants and draws a question ;
 10. The player reads the question aloud and gives the number of the card to the facilitator; there are four types of cards: question, bonus, malus and challenge;
 11. The player answers the question or challenge and the facilitator compares it with the answer in the facilitator's guide:
 - If the answer to the question is correct, the player keeps the card;
 - If the answer to the question is wrong, the player puts the card in the discard pile;
 - If the challenge is completed correctly (according to the other players), the player keeps the card;
 - If the challenge is not completed, the player puts the card in the discard pile;
 - If the player draws a bonus or a penalty, the player keeps the card.
 12. The player has finished his turn, the player to his left has to play
- The end of the game

4. Finish of the game

13. The game is over after all players have taken the number of turns chosen at the beginning of the game;
 14. Each player counts the number of kilometers he has obtained! Be careful, you must remember to subtract the malus!
 15. The player with the most kilometers wins!
 16. To end the game, each player makes a commitment regarding his daily practices in terms of travel
- Example : I commit myself not to look at my cell phone while crossing the crosswalk

End of the game !

Debriefing

A website has been set up to explore certain topics in greater depth. During the debriefing, we can come back to certain questions, certain challenges that have raised questions or led to debate.

The idea is also to share the commitment made by each person to improve their safety during future business trips.



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CREDITS

Iaelyon students

BERT Estelle
BRILLIER LAVERDURE Alizéane
CHAUSSAVOINE Lili
DOMENGE-CHENAL Camille
GAUTIER Jeanne
LAZZARONI Valentine
LE BRUN Marion
LE CONTE Prudence
LOPEZ Eva
PASTINELLI Florine
ROMEO Florine
SCHICKER Alice
TRUC Lio



iaelyon school referents :

Mr. ROCHE Alexis - Head of the Master 2 Integrated Certification and Global Performance

Mr GOUROUX Nicolas - teacher in the master 2 Integrated Certification and Global Performance

Partner company :

ENI Company - Mrs BREUZIN Marie - HSE Manager
COCELYS company - Mrs BOYER Aurélie - Consultant



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